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**PSYCHOLOGICAL
SAFETY & TRUST**

TASTER SESSION

April 2024

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Trust -Equation

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TRUSTWORTHINESS

C

CREDIBILITY

I believe you have the appropriate knowledge, skills, and experience to do your job

+

R

RELIABILITY

I believe you act in a consistent and predictable manner. Your behaviour matches your words and promises

+

I

INTIMACY

I believe in your ability to foster intimacy, ensuring an emotionally safe space for vulnerability

S

SELF-ORIENTATION

I believe you do NOT care about me; you place emphasis on your own needs versus others

Braving — trust

Instructions: Individually score yourself on the following areas. Rate 1-5

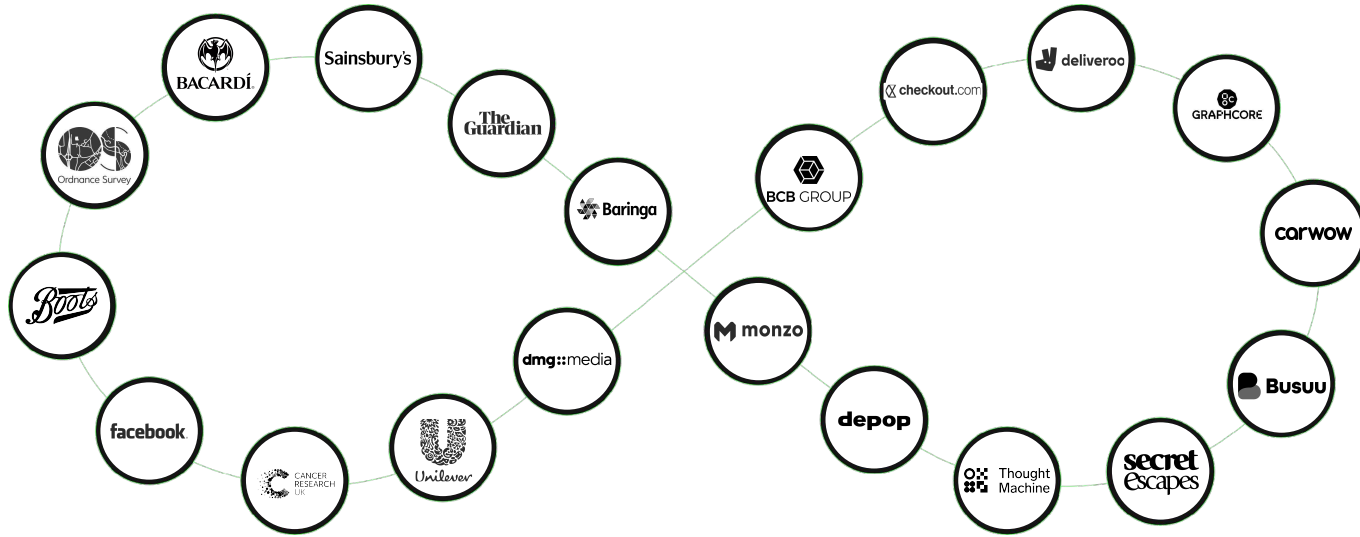
	Score
CREDIBILITY I possess the appropriate knowledge, skills, and experience necessary to effectively perform my job responsibilities	
RELIABILITY I consistently act in a predictable and reliable manner, ensuring that my behavior aligns with my words and promises	
INTIMACY I am capable of fostering intimacy, creating an emotionally safe environment for vulnerability and open communication	
SELF-ORIENTATION I am focused on my own needs, above the needs of the wider team or organisation	
<u>CREDIBILITY + RELIABILITY + INTIMACY =</u> SELF ORIENTATION	

Trust

— reflection

Instructions: First choose an individual you want to focus on improving the trust with and think of one action you can do based on what you have learned. Second, think about how you can increase trust with the wider team.

What do you need to work on to be a more trustworthy leader	What will you do?	When will you do it?	How will you do it?
What one person do you want to improve the trust with?	What will you do?	When will you do it?	How will you do it?



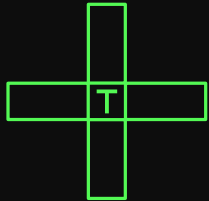
We work with leaders at pioneering startups and corporates who are building **the great businesses of the future**

Our Leadership

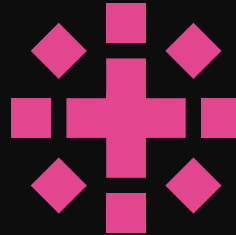
— Generator

A co-created, power source of programmes, assessments, strategic offsites and coaching.

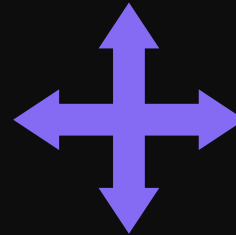
Scalable. Constantly evolving. Customisable



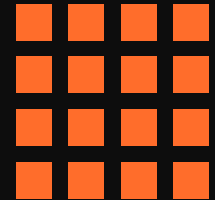
Build capability
Programmes & masterclasses



Identify opportunity
Assessment and diagnostic



Align leadership
Strategic offsites



Embed change
121 and team coaching

Modular, scalable and customisable

Core masterclasses in our Leadership Generator

AWARENESS	Own Your Impact	Strengths to Superpowers	Harnessing Energy	Building Resilience	Boosting Confidence
AMBITION	Leading in a System	Regenerative Leadership	Leading with Why	Intent into Action	Cut through Communication
COLLECTIVE BRILLIANCE	Psychological Safety	Leading Inclusively	Building Trust	Coaching Culture	Leading Remotely
EXECUTION & EXPERIMENTATION	Experimentation Mindset	Experiment Design	Challenging Convention	Delivering Through Others	Executing in Uncertainty


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THANK
YOU —

WE WOULD LOVE
TO CONTINUE THE
CONVERSATION



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